

# MERMAID SURF Retreat

5 DAYS  
4 NIGHTS

OCTOBER  
24-28

## Surfing & Self-Discovery

Imagine carrying the courage, exhilaration, and freedom of riding waves into the rest of your life. Mermaid Surf retreats guide you on a deep dive into surfing and self-discovery. Come experience our signature blend of surf coaching, Human Design, and sisterhood. Surfing reveals your true potential. Human design transforms your potential into superpowers. And your superpowers are celebrated in sisterhood. Are you ready to live your most empowered, authentic, and aligned life? Drop-in with us on a transformational journey!

## Our signature blend

- All-inclusive women's surf retreat
- Ocean-front luxury home in North Topsail, NC
- Private suites and shared room options available
- All meals are provided and catered to your preferences!
- 3x surf coaching & film review sessions
- Daily surf mobility and yoga classes
- Human Design workshops & private readings
- Self-care, relaxation, and rejuvenation

## Registration

Check in: Thursday (10/24) starting @ 6 PM

Check out: Monday (10/28) by 10 AM

All-inclusive pricing: \$975- \$1,300

Visit [MermaidSurf.com/RETREATS](https://MermaidSurf.com/RETREATS) to register!